



Abbeyleix South National School

Scoil Náisiúnta Mainistir Laoise Theas

Newsletter



Principal's Message

Welcome back to school!

A very warm welcome to our new Junior Infant pupils and our new staff members, Karen Fingleton and Mary McCarthy, Rebecca Allen and Yvonne Williams.

We have had a busy first month back at school. The Harvest Service was fabulous and thank you to the staff for supplying the refreshments in the hall afterwards.

Joanne Jackson.



World Mental Health Day

Thursday 10th October

Our first Amber Flag Team meeting this year.

Maths Week:

Monday 14th – Friday 18th October

The Halloween Disco

Friday 25th October (more details to follow)

Maths Training Day for Teaching Staff

School closed: Monday 11th November

Science Week:

Monday 11th November – Friday 15th November

Harvest Festival Service

Our Harvest Festival Service took place on Friday 27th September in St. Michael and All Angels' Church.

Well done to our Senior Pupils for reading the prayers so well.



Parents' Association Annual AGM



A Parents' Association AGM was held on 1st October. Thank you to all in attendance. If you would like to be added to the helpers list please contact the office.



This year we have a stall at the Abbeyleix House and Farm Christmas Fair. Senior students are already brainstorming ideas.

We would like some wooden reindeer and wooden centrepieces made.

If you have these carpentry skills please contact the office.



Swimming Lessons

Children are enjoying their lessons.

Thank you to all who have paid.

This is an essential part of the Physical Education curriculum under the aquatics strand.

Due to the cancellation of our lesson on Monday 30th,

the pool is offering a substitute lesson on Thursday 24th October at the later times of 12 noon and 12.45pm.

Children will be back in the school for normal home time.

This means that there will be two days of swimming that week.



SNA Appreciation Day

On Thursday 26th September we celebrated SNA Appreciation day.

The children made a fantastic bulletin board of thanks for our wonderful SNAs.

We also held an assembly and marked the occasion by saying thank you with balloons and gifts.

Thank you to Ms. Lynam, Ms. Hogan, Ms. Galvin and Ms. Allen for all you do for our children.



PHOTO OF THE MONTH

A warm welcome to our Junior Infant Class of 2024-2025



Cumann na mBunscol

This year 5th and 6th class got to participate in the Cumann na mBunscol school competition. We got to play a lot of matches and had a great team, but sadly we lost all of our matches. We also got to play a friendly match against Scoil Mhuire. It was great fun to get to play with all our friends. We recommend to try it out when you're in the senior room.
Fleurette and Annabell



A Reminder: Extract from our Wellbeing Policy, including Healthy Eating

- A healthy lunchbox includes a good balance of nutritious food and drinks.
- Some healthy foods which we encourage include sandwiches, fruit, sliced vegetables, raisins, cheese and crackers.
 - Crisps are strongly discouraged. Popcorn could be introduced as an alternative.
 - Chewing gum is strictly forbidden.
 - Children are asked not to share lunch or take lunch from another pupil.
 - We recognise the importance of water in our diet and will facilitate children having water on their tables in spill proof bottles during class time. They can be taken home and refilled each day.
 - We encourage pupils to use a sports water bottle as it is environmentally friendly.
 - No fizzy drinks are allowed.
- Children are encouraged to drink water or non-sugary juices with food at break times, in order to avoid damage to teeth.

Download a helpful leaflet about lunches from, [Healthy lunchboxes \(safefood.net\)](http://safefood.net)